

# Tumori Uroteliali

Vincenzo Pagliarulo

Sezione di Urologia e Andrologia (DETO)

Università di Bari

[vincenzo.pagliarulo@uniba.it](mailto:vincenzo.pagliarulo@uniba.it)

# Epidemiologia

Incidenza: 26.000 casi ogni anno in Italia

3-5% di tutti i decessi per tumori

7% di tutti i tumori

70% dei tumori del tratto urinario

Età: più alta tra 50 e 70 anni

4-5 volte più frequente nei maschi

# Distribuzione

## Upper tract

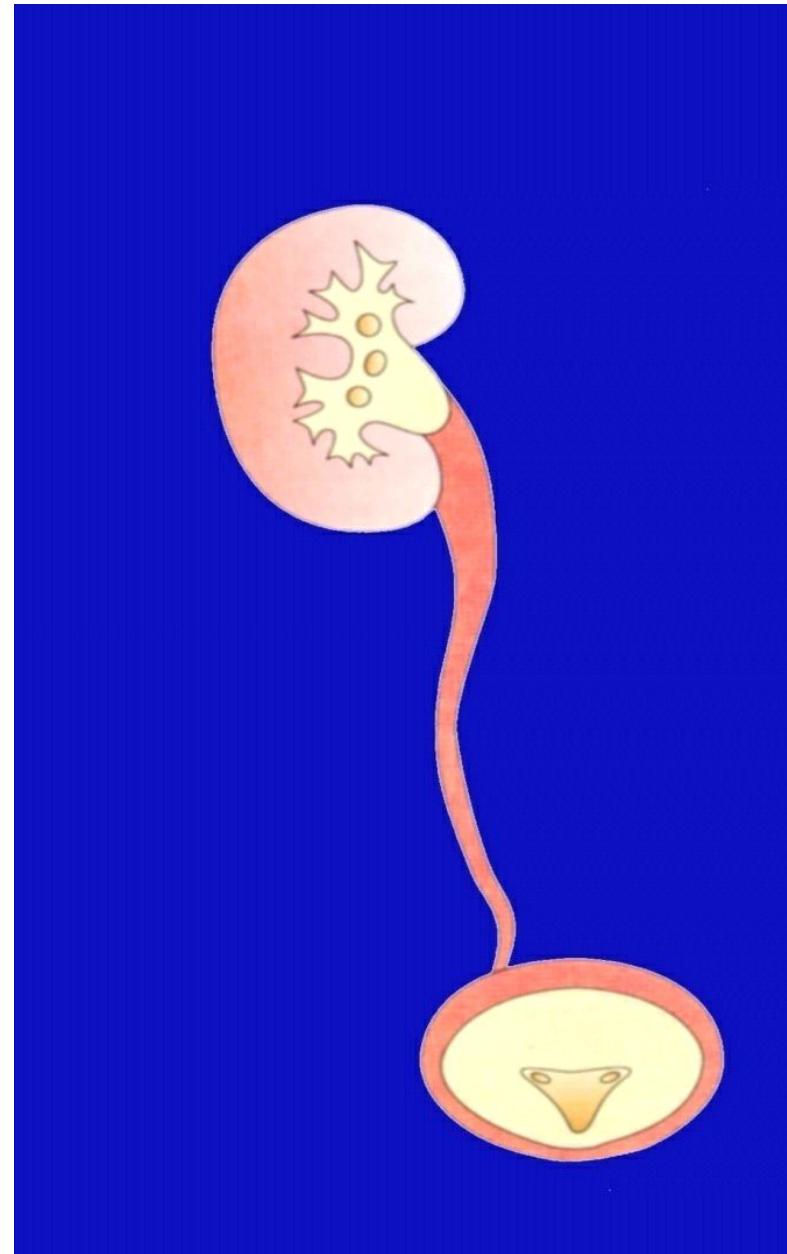
| Renal pelvis 5%

| Ureter 2%

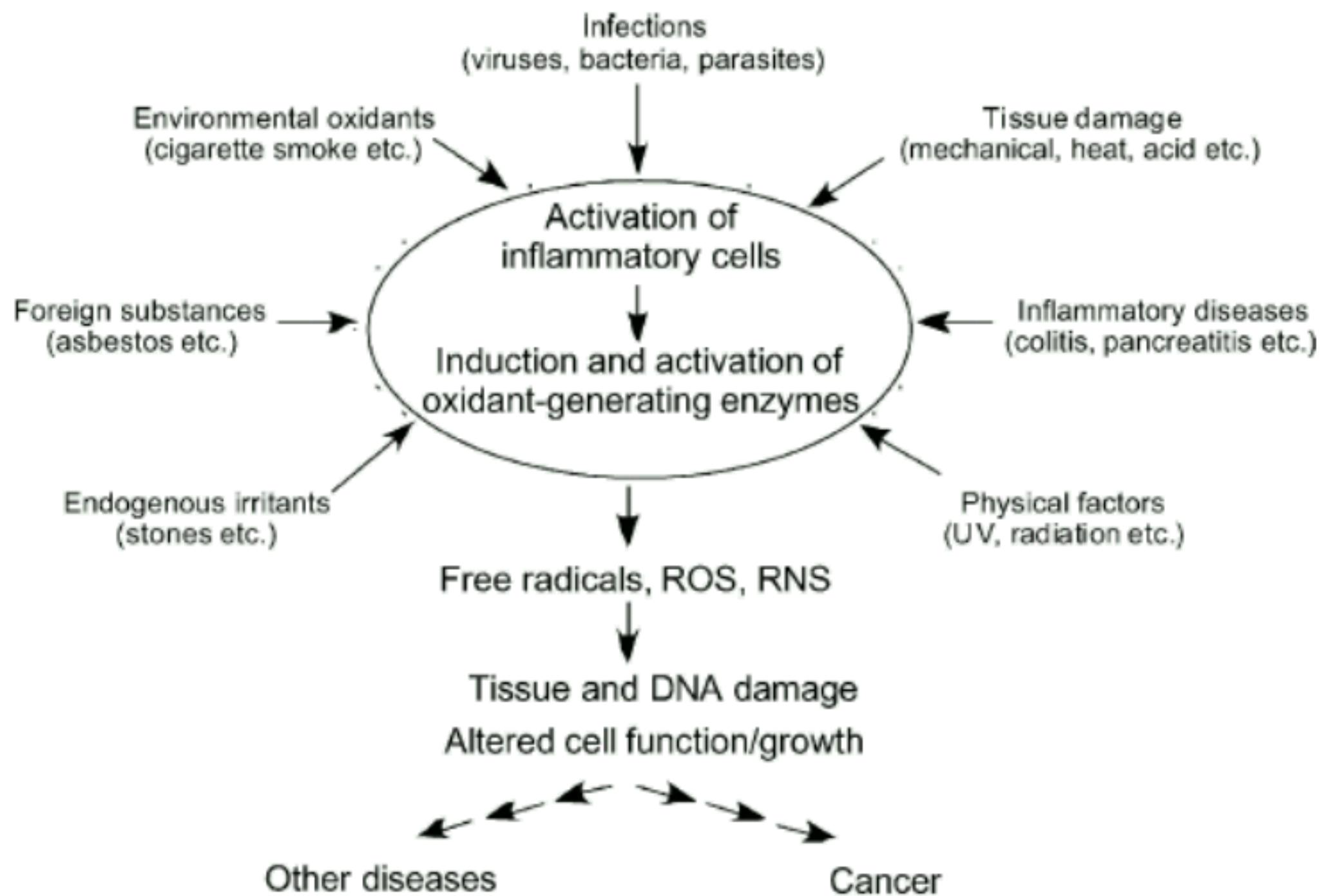
## Lower tract

| Bladder 90%

| Urethra 3%



Urothelium needs to be surveilled at any district, regardless of the primary location.



# Risk Factors

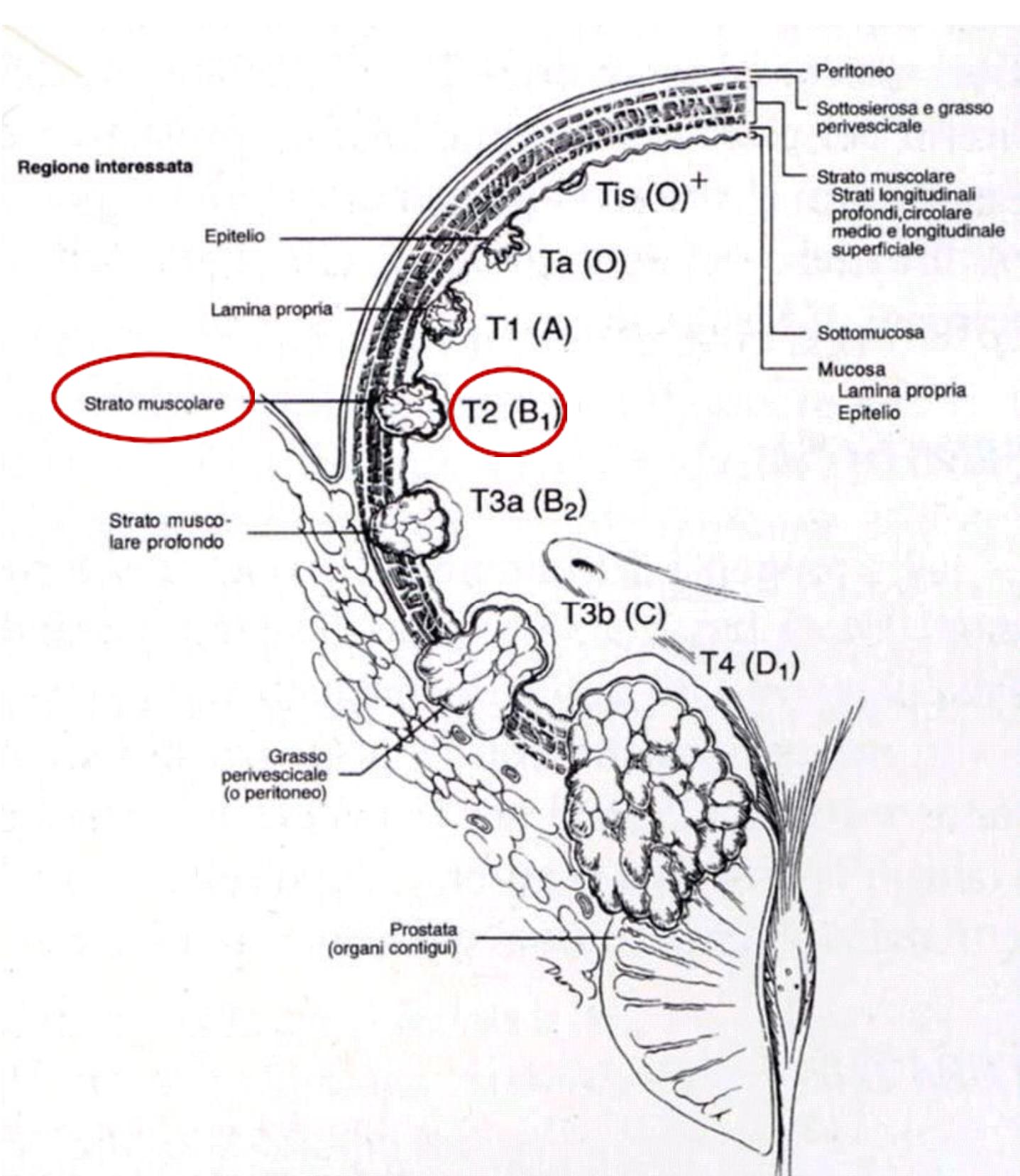
- | Sigarette smoke: 33% of urothelial cancers are correlated to cigarette smoking. Specifically, the smoking increases 6,5 the risk to develop upper tract cancers and 4 times the risk to develop bladder cancer. Smoking interruption will lower the risk over time. Cancerogens: nitrosamine, polycyclic aromatic hydrocarbons and b-naftilamina.
- | Other tobaccos: if not inhaled the risk is only slightly increased.
- | Exposure to other xenobiotics: b-naftilamina used to cause cancer in 100% of the population working for the extraction of this substance. Other substances: benzidine, halogenated solvents. Professional categories at risk: painters, personnel working with gas (distillation, attendants), coiffeurs.
- | Radiotherapy: the risk is 2-4 times increased in women treated for cervix cancer.
- | Genetic predisposition: NAT2 slow, GSTM 1 null.
- | HPV, infections and chronic inflammation: undemonstrated.

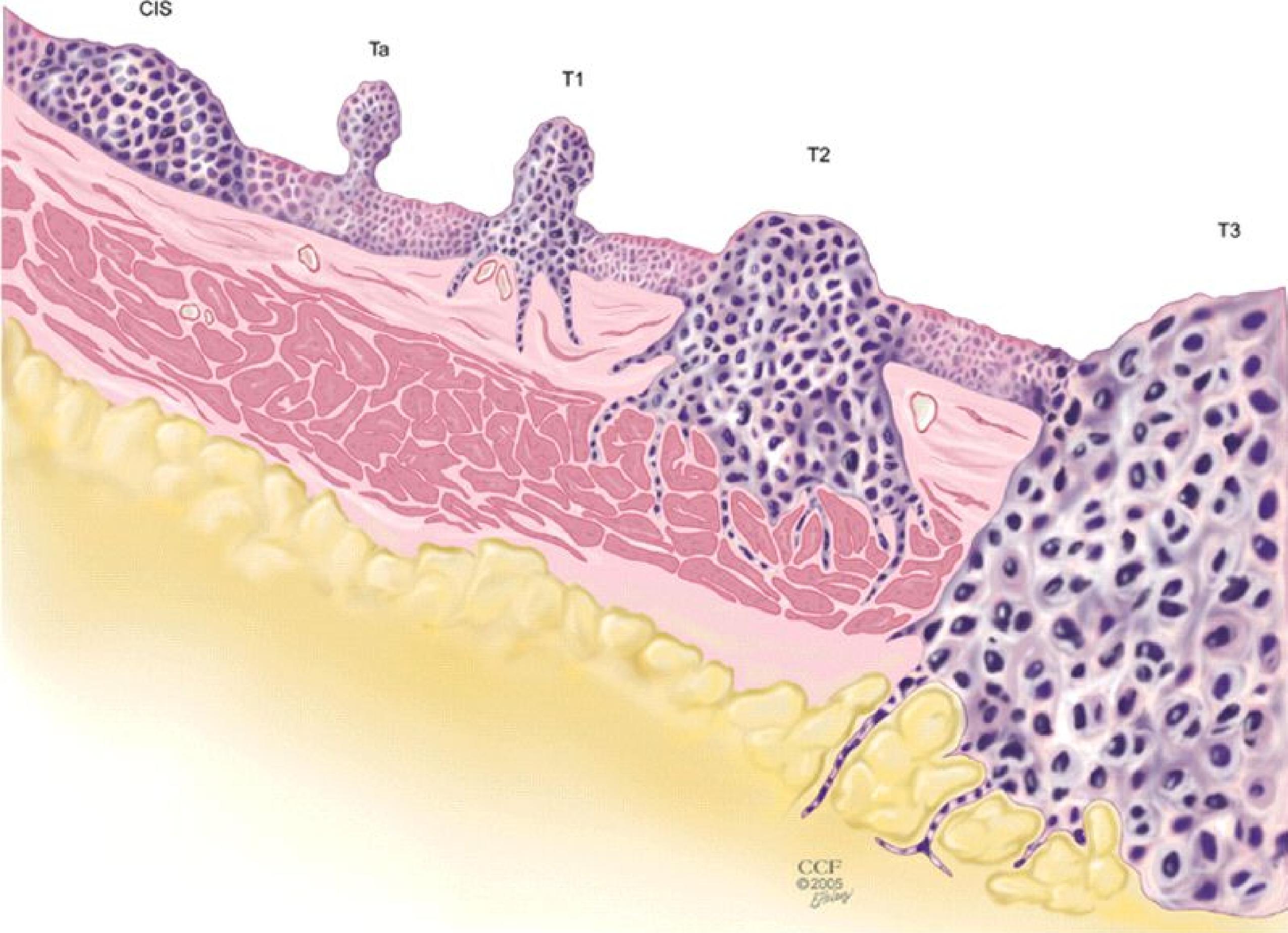
# Staging

Non muscle-invasive  
(superficial)

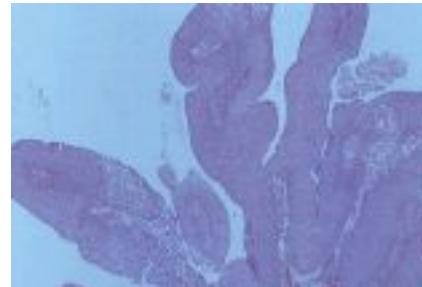
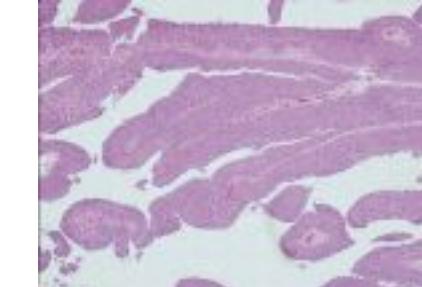
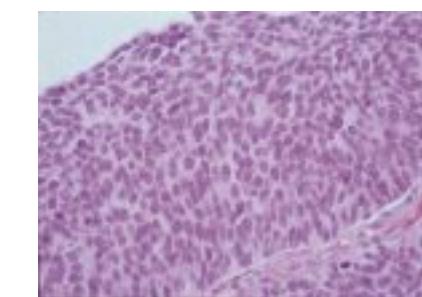
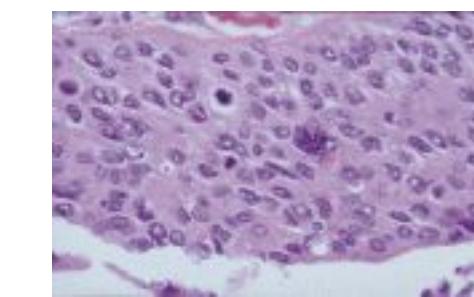


Muscle-invasive

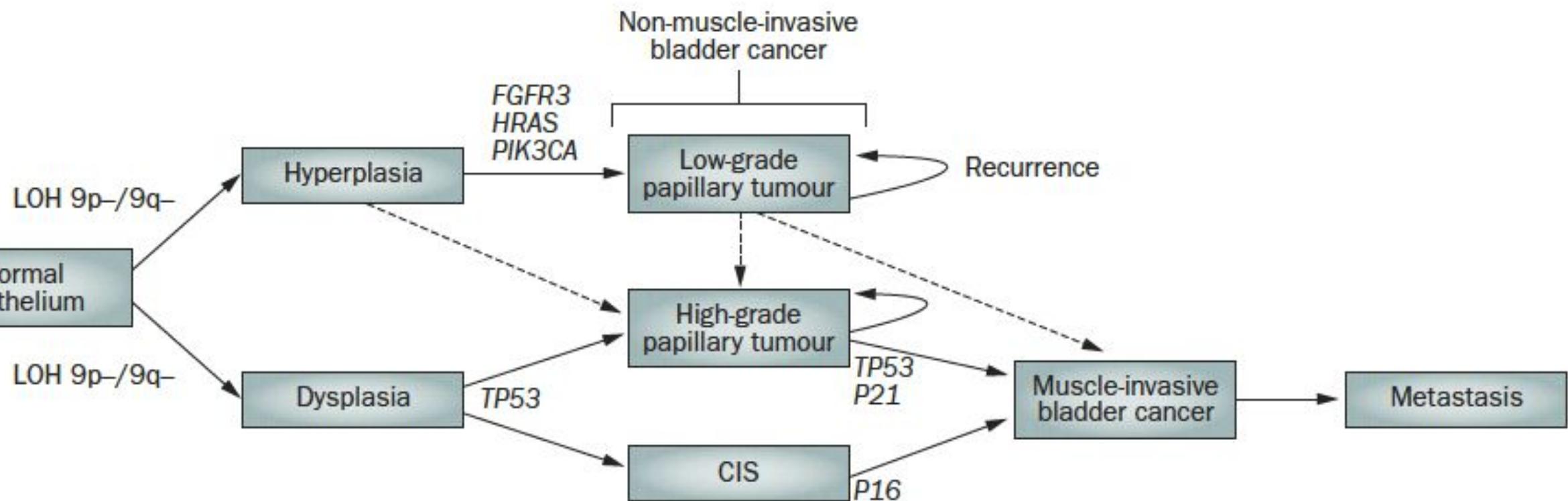




# Grading

GRADE	Papilloma	Grade 1/LMP	Grade 2/low grade	Grade 3,4/high grade
	<ul style="list-style-type: none"> <li>• Normal urothelial cytology</li> <li>• Cellular polarity maintained</li> <li>• No/rare mitoses</li> <li>• Intact umbrella cell layer</li> <li>• 7-8 cell layers</li> </ul>	<ul style="list-style-type: none"> <li>• Normal urothelial cytology</li> <li>• Cellular polarity maintained</li> <li>• No/rare mitoses</li> <li>• <u>±</u> umbrella cell layer</li> <li>• &gt;8 cell layers</li> <li>• Increased cellular density</li> </ul>	<ul style="list-style-type: none"> <li>• Mild-mod. urothelial atypia</li> <li>• Increased N/C ratio</li> <li>• Mild-mod. nuclear pleomorphism</li> <li>• Loss of cellular polarity</li> <li>• Infrequent mitoses</li> <li>• Variable loss of umbrella cell layer</li> <li>• Variable cell layer thickness</li> </ul>	<ul style="list-style-type: none"> <li>• Mod.-marked urothelial atypia</li> <li>• Increased N/C ratio</li> <li>• Mod.-marked nuclear pleomorphism</li> <li>• Loss of cellular polarity</li> <li>• High mitoses, esp. in upper layers</li> <li>• Loss of umbrella cell layer</li> <li>• Variable cell layer thickness</li> <li>• Discohesion, presence of necrosis</li> </ul>
<i>Low Power</i>				
<i>High Power</i>				
<i>Invasiveness</i>				

# Carcinogenic routes



# DIAGNOSI

# Presentazione Clinica

- Macroematuria monosintomatica (37-62%)
- Disturbi del basso tratto urinario (urgency-frequency)
- Dolore al fianco (neoplasia che infiltra il meato ureterale)

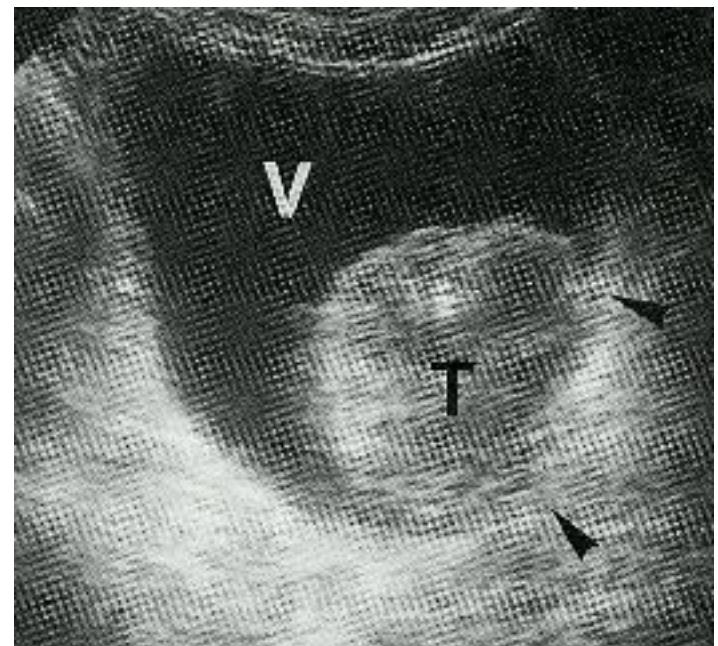
30 % di tutti i pazienti sono asintomatici

# Imaging

- Ecografia
- Urethrocistoscopia
- Rx urografia
- TC
- RMN

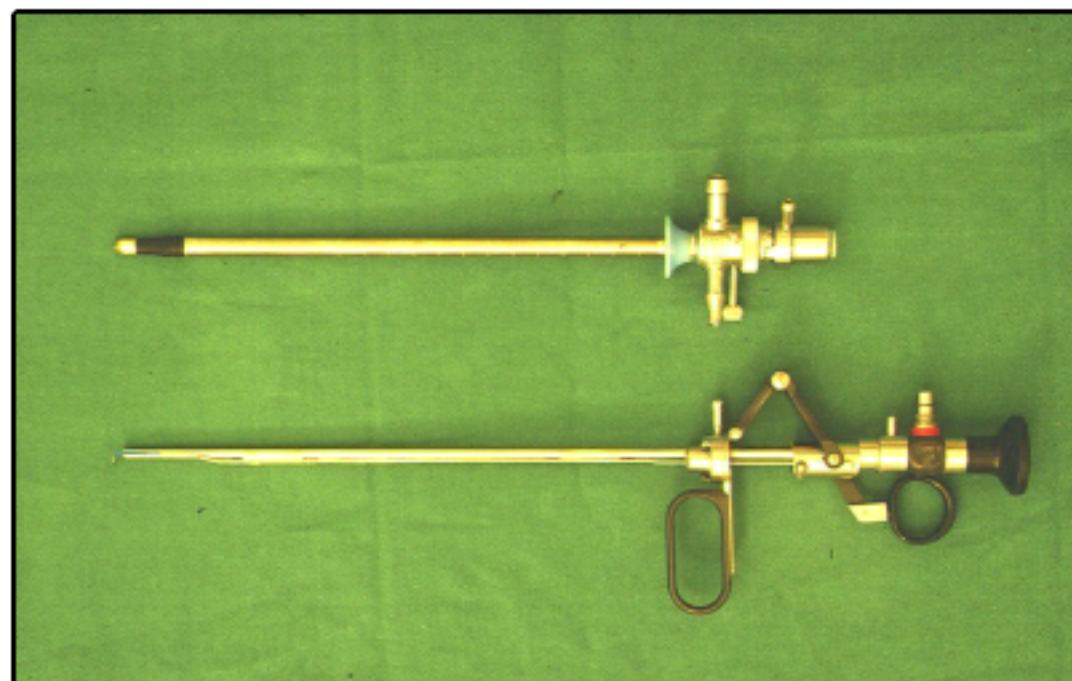
# ECOGRAFIA

- Non invasiva
- Facile da eseguire
- Economica
- Bassa specificità (coaguli, prostata)
- Bassa sensibilità (in relazione a BMI, sede e dimensioni della neoformazione)



# Urethrocistoscopia

- Gold standard (diagnostic accuracy approximates 100%)
- Invasiva
- Limitazioni: AS





# Indicazioni alla cistoscopia

- Macroematuria
- Microematuria in pazienti con fattori di rischio
- Imaging sospetto
- Quadro clinico sospetto

**“Non c'e correlazione tra l'entita della ematuria e la malattia sottesa”**

# Urografia

- Low sensitivity
- Bladder cancer is shown as indirect images (filling gap)
- Useful to study the upper urinary tract
- Useless for clinical staging



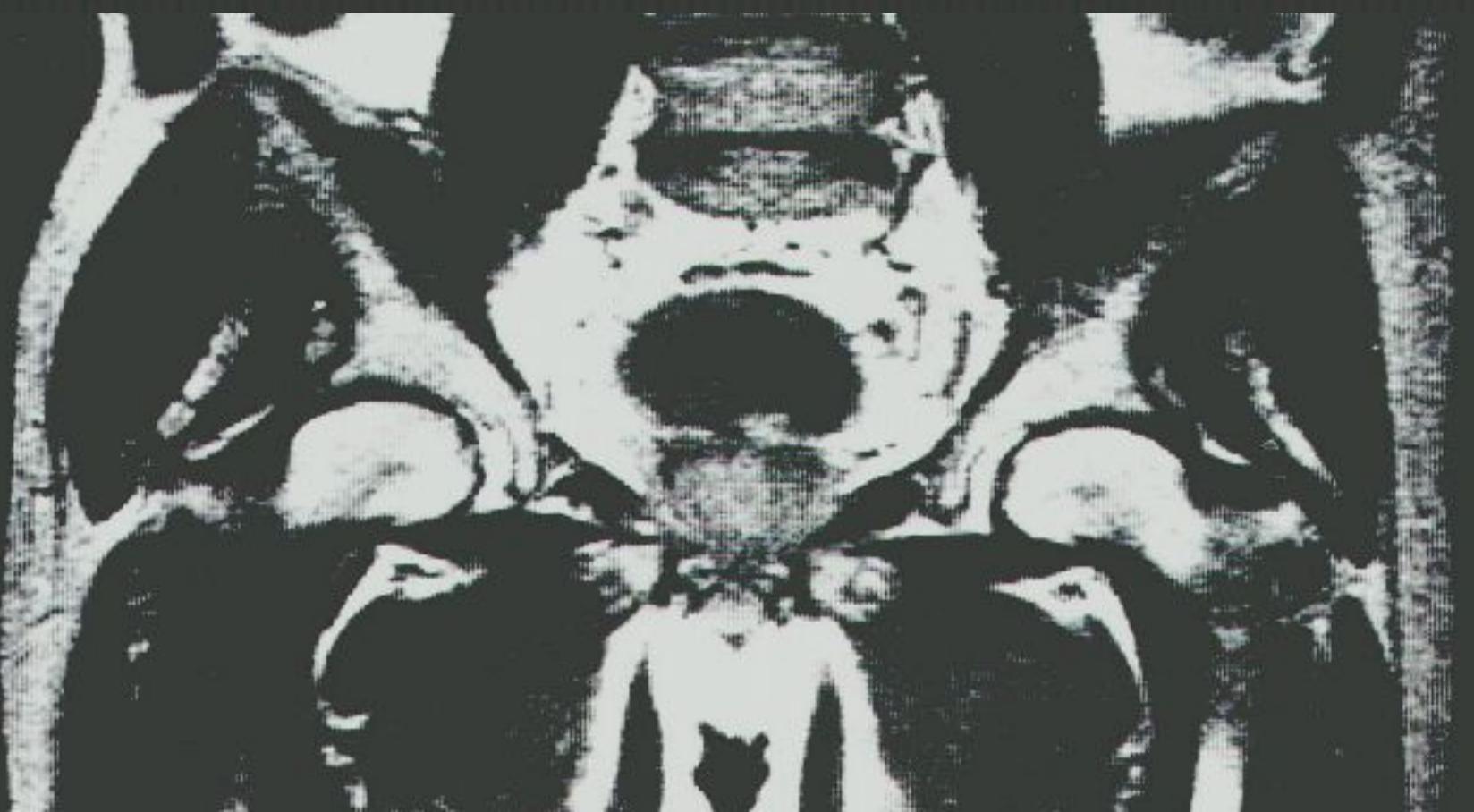
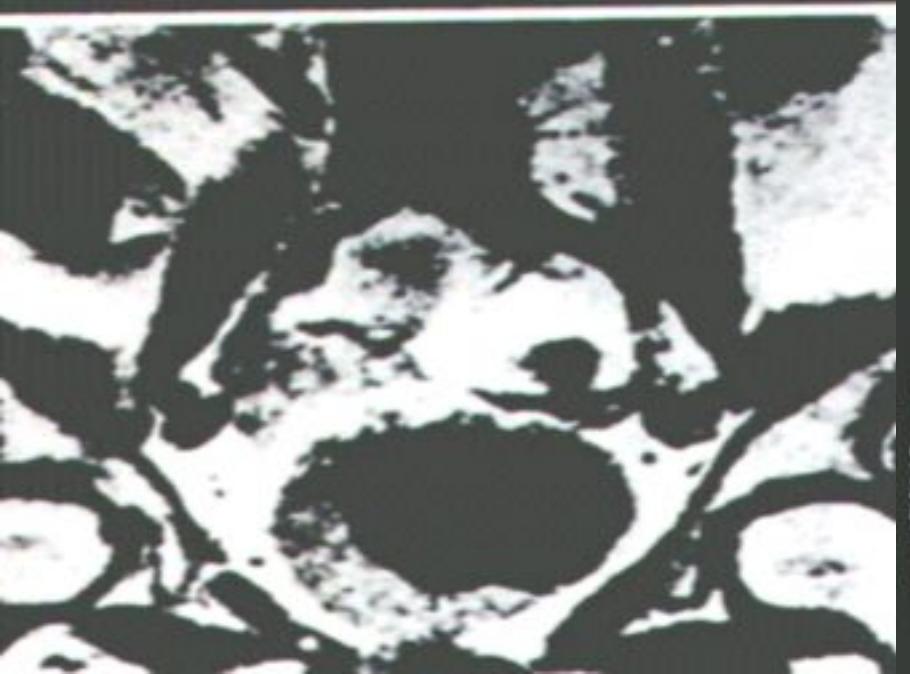
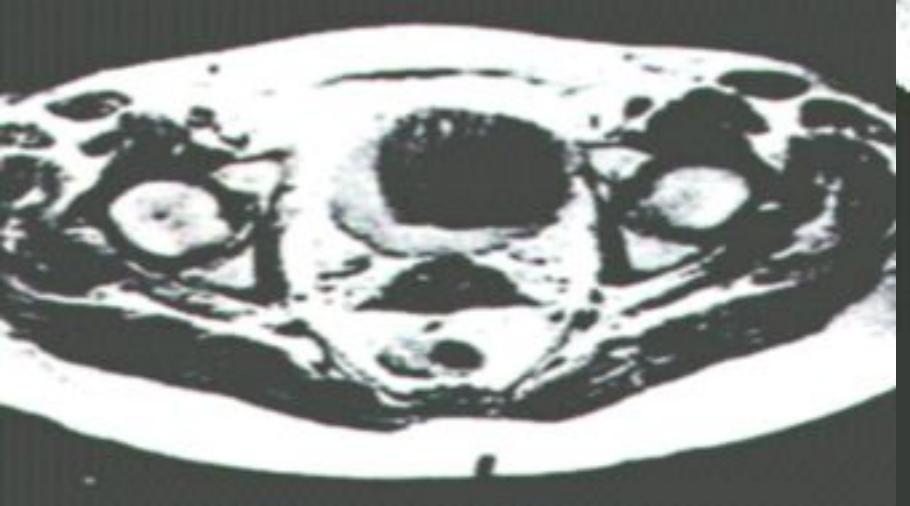
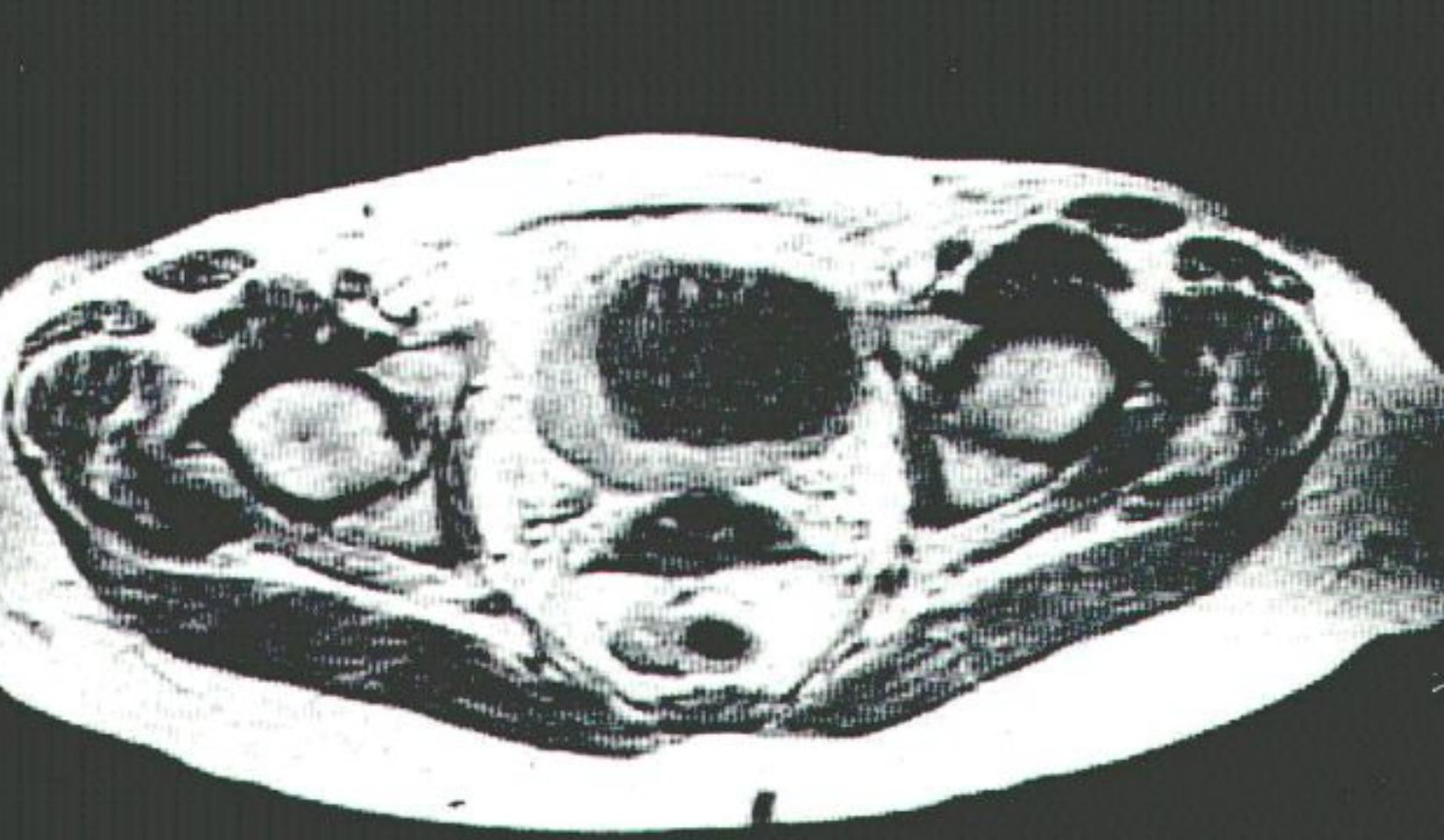
# T.C – RM.N.

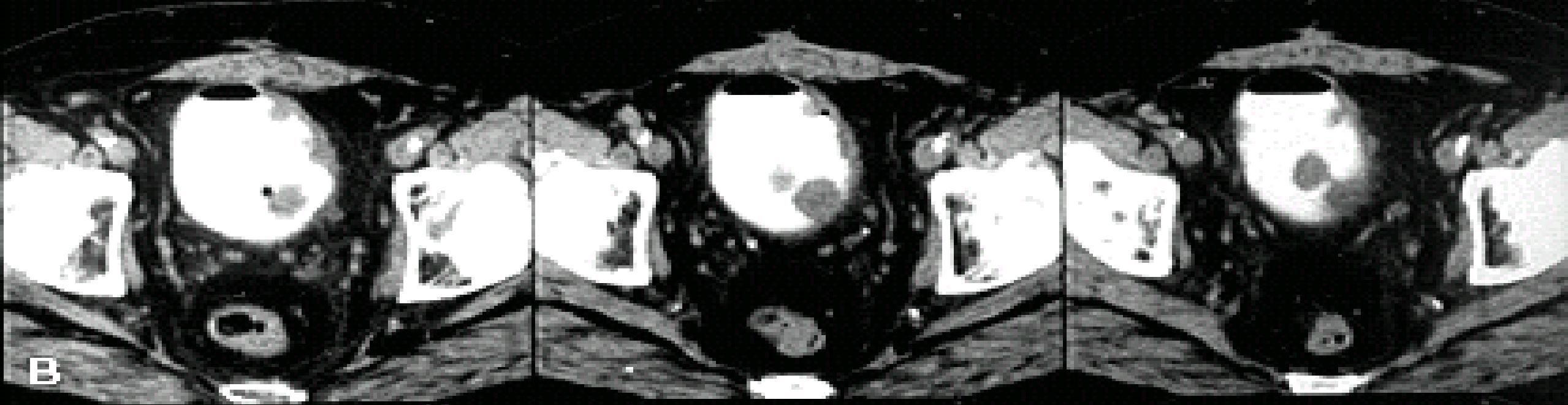
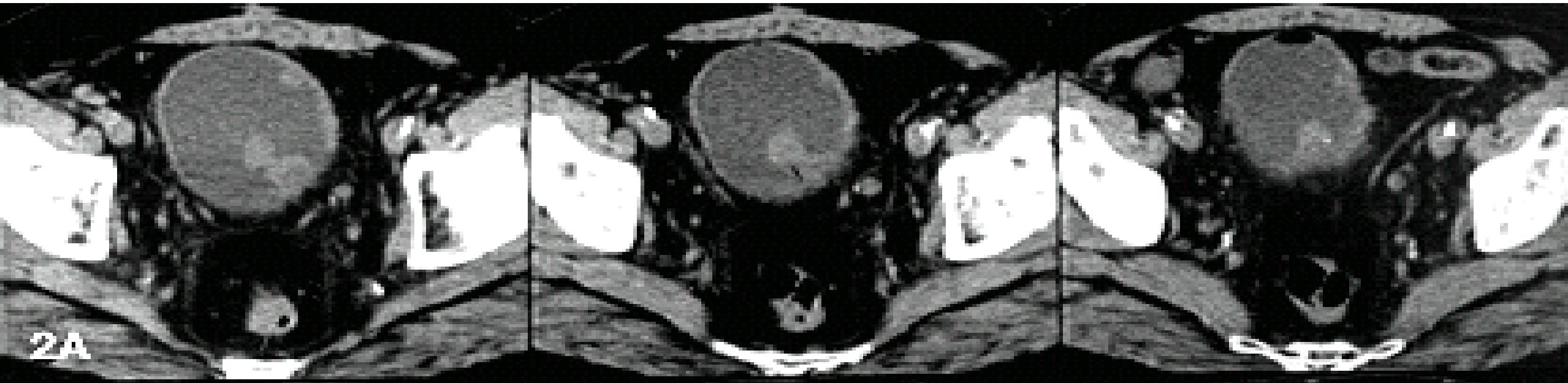
Useful for staging: help for the distinction between organ confined and non confined disease.

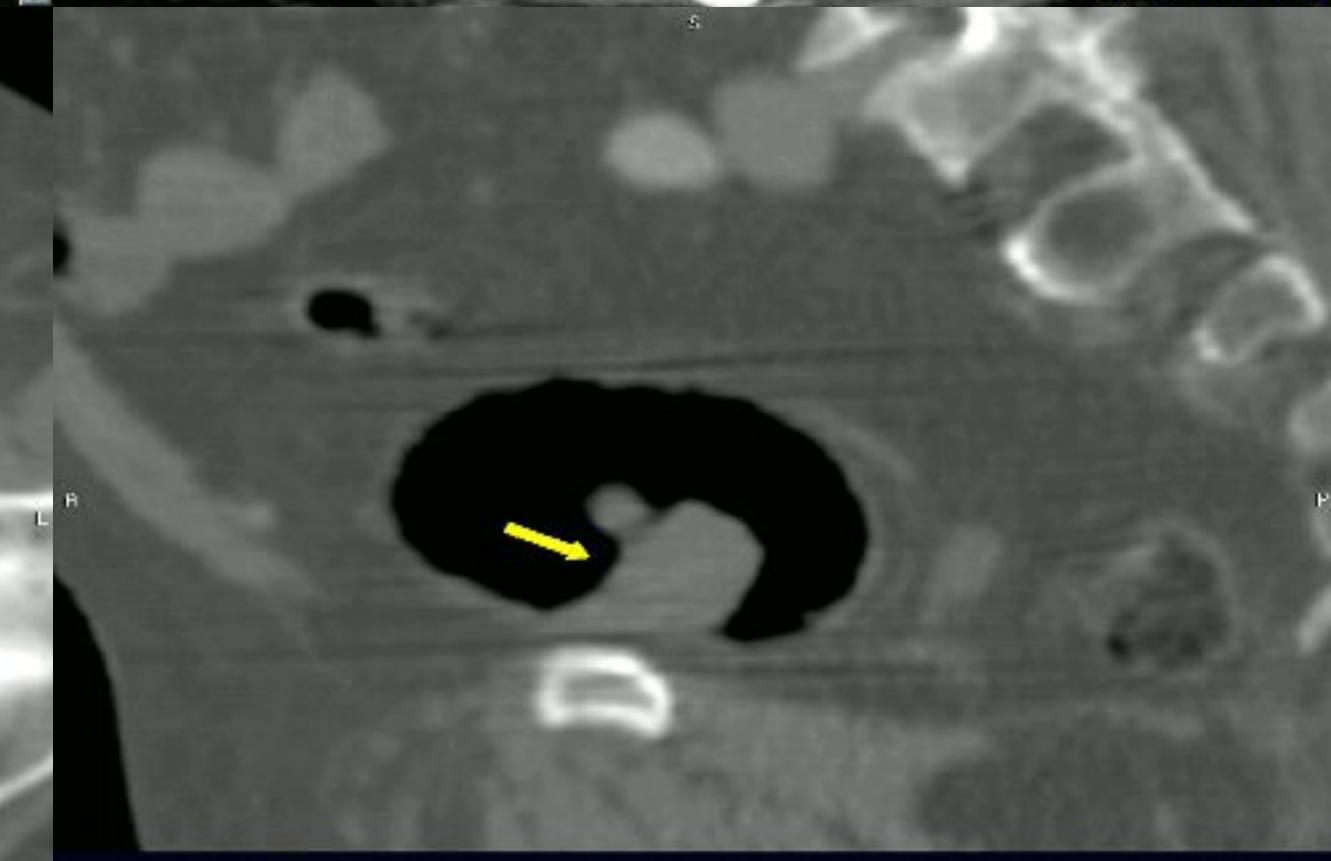
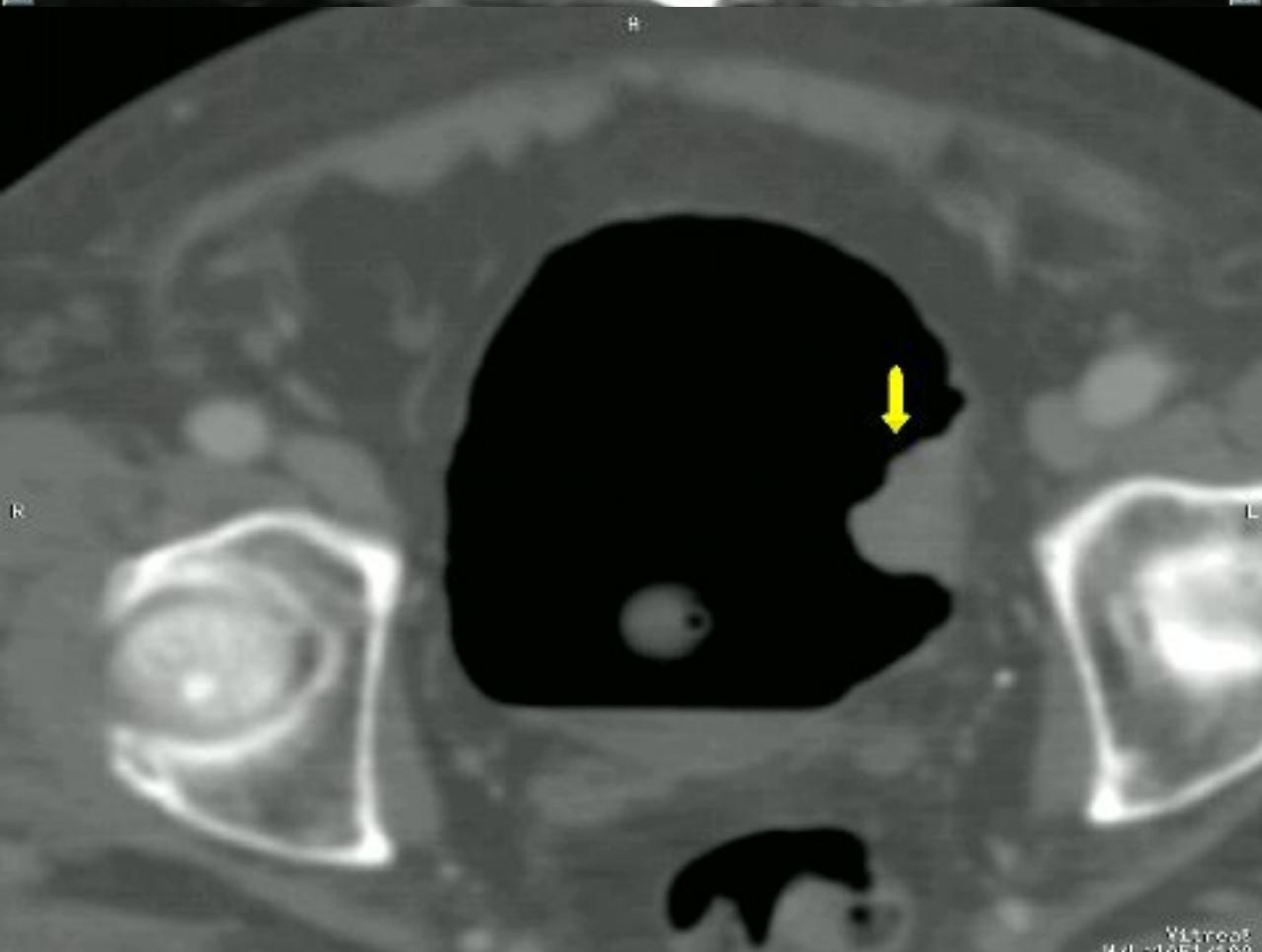
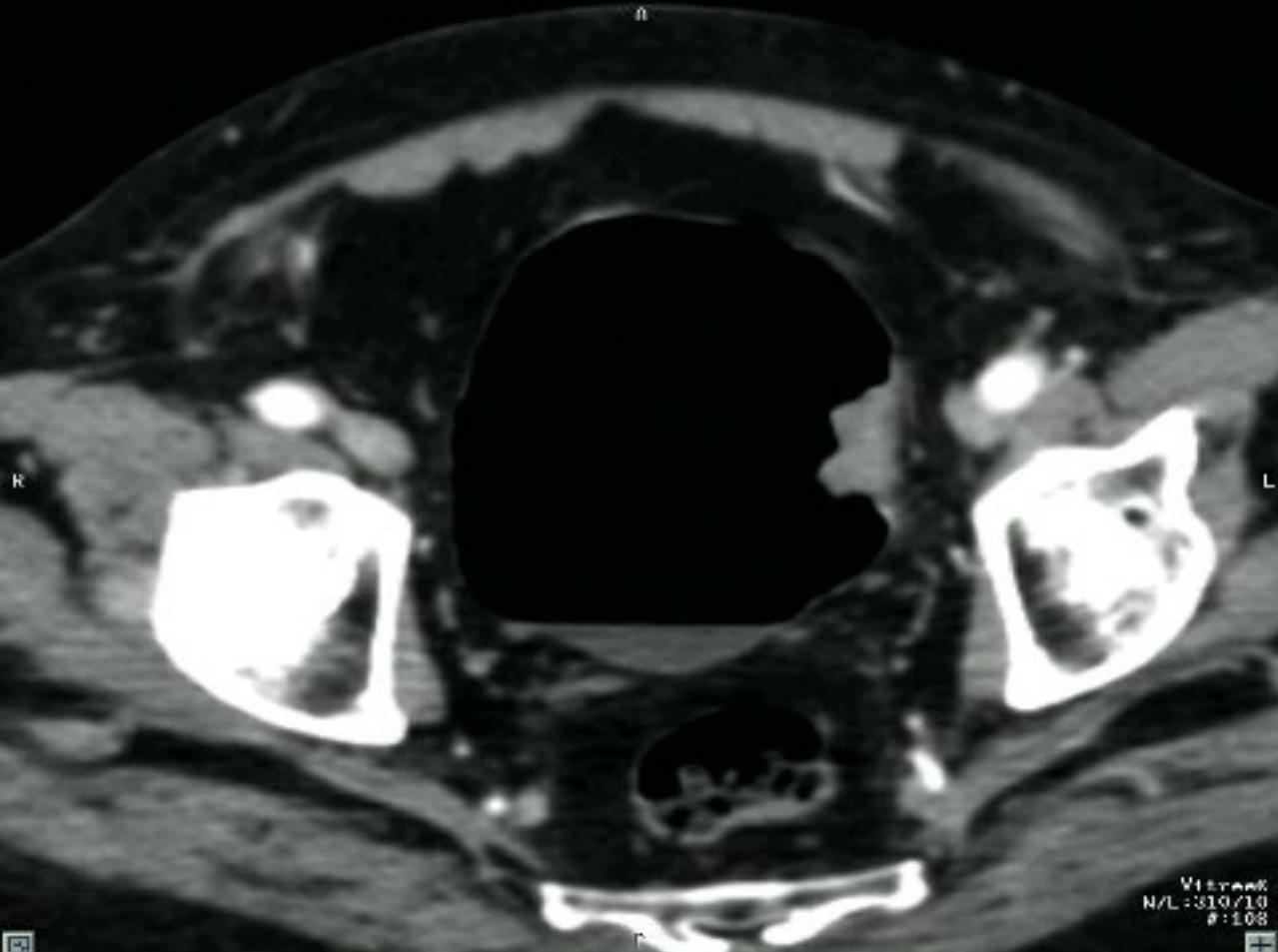
Lymph node information.

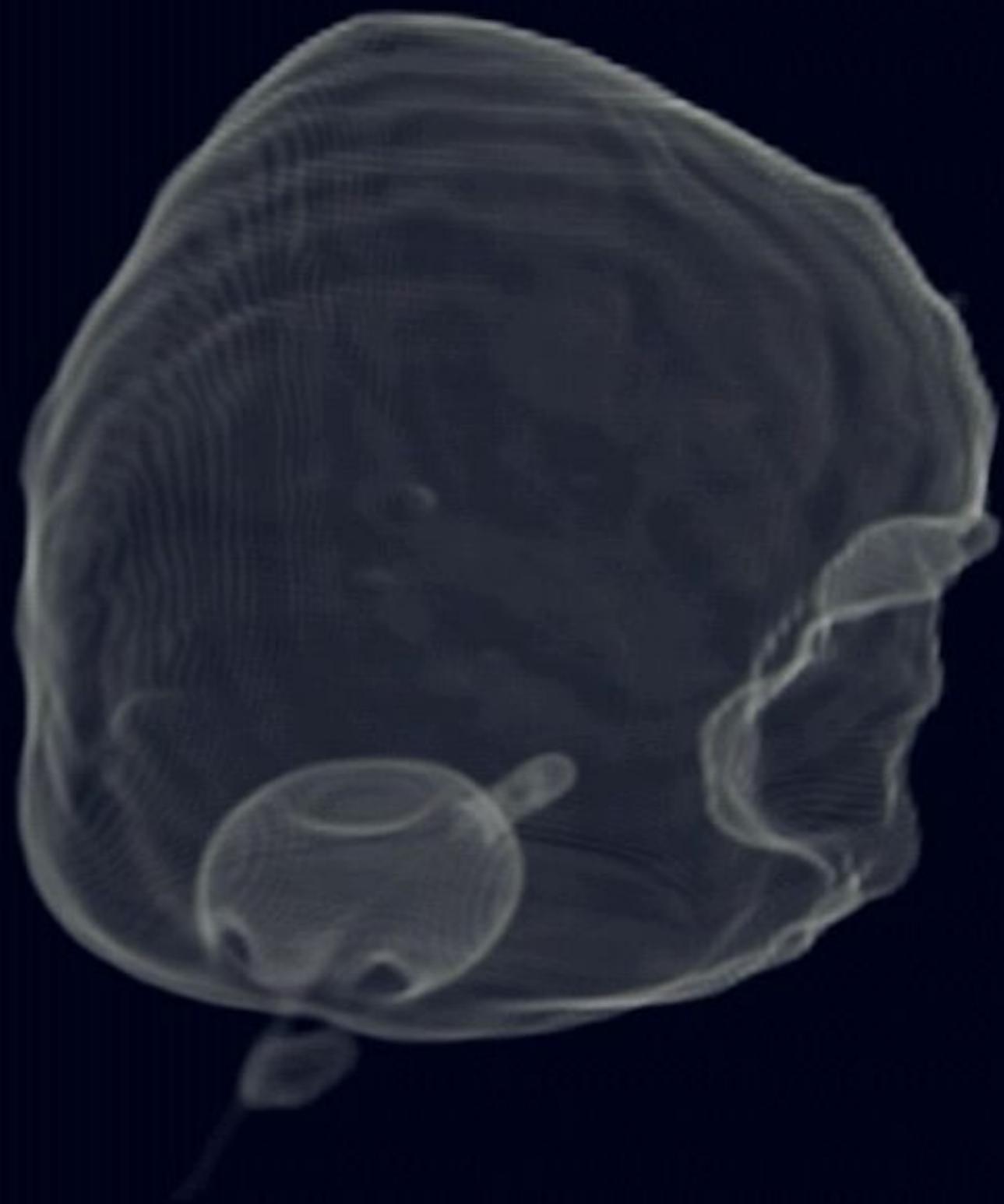
Metastatic spread.

Both are unable to clearly separate between Ta T1 T2 T3a. Diagnostic accuracy: T.C. 40-85%; M.R.I. 50-90%.









A

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P

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# Analisi di laboratorio

- Ematuria microscopica
- Cistologia urinaria
- Marcatori urinari e molecolari

# Microscopic hematuria

## Stick urinario

A pseudo-peroxidation reaction will shift the colour of the filter so to form small spots which will aggregate depending on the amount of blood present in the sample. If positive will require a confirmation through microscopy.

## Esame microscopico del sedimento

Hematuria is confirmed by the presence of 3 or more RBCx field in the sediment of centrifuged urine after observation by means of optic MSat high resolution. Should be repeated if positive.

# Citologia Urinaria

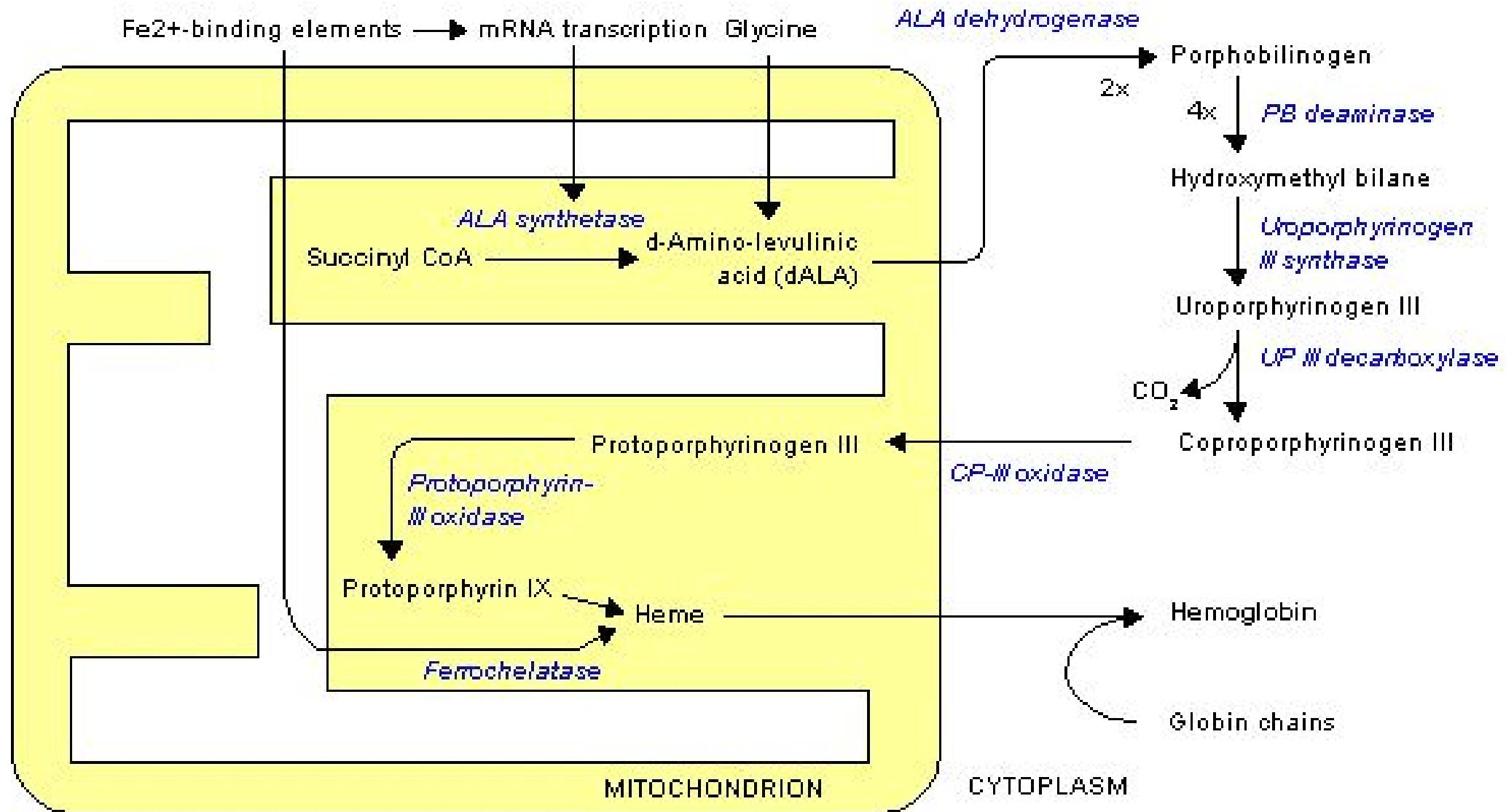
- Deve essere ripetuta per tre giorni consecutivi
- Alta specificità ( $>95\%$ ) e bassa sensibilità (30-50%)
- Riproducibilità interosservatore molto bassa

# Urinary and molecular markers

- NMP-22 (nuclear mytotic protein, highly expressed in cells with high mytotic index): low specificity (40%) and sensitivity (65%)
- uCyt+ fluorescence immunology: sensitivity increases to 87% if combined to cytology
- FISH (in situ hybridization): specific as cytology, higher sensitivity

None of these exams is a substitute to cystoscopy

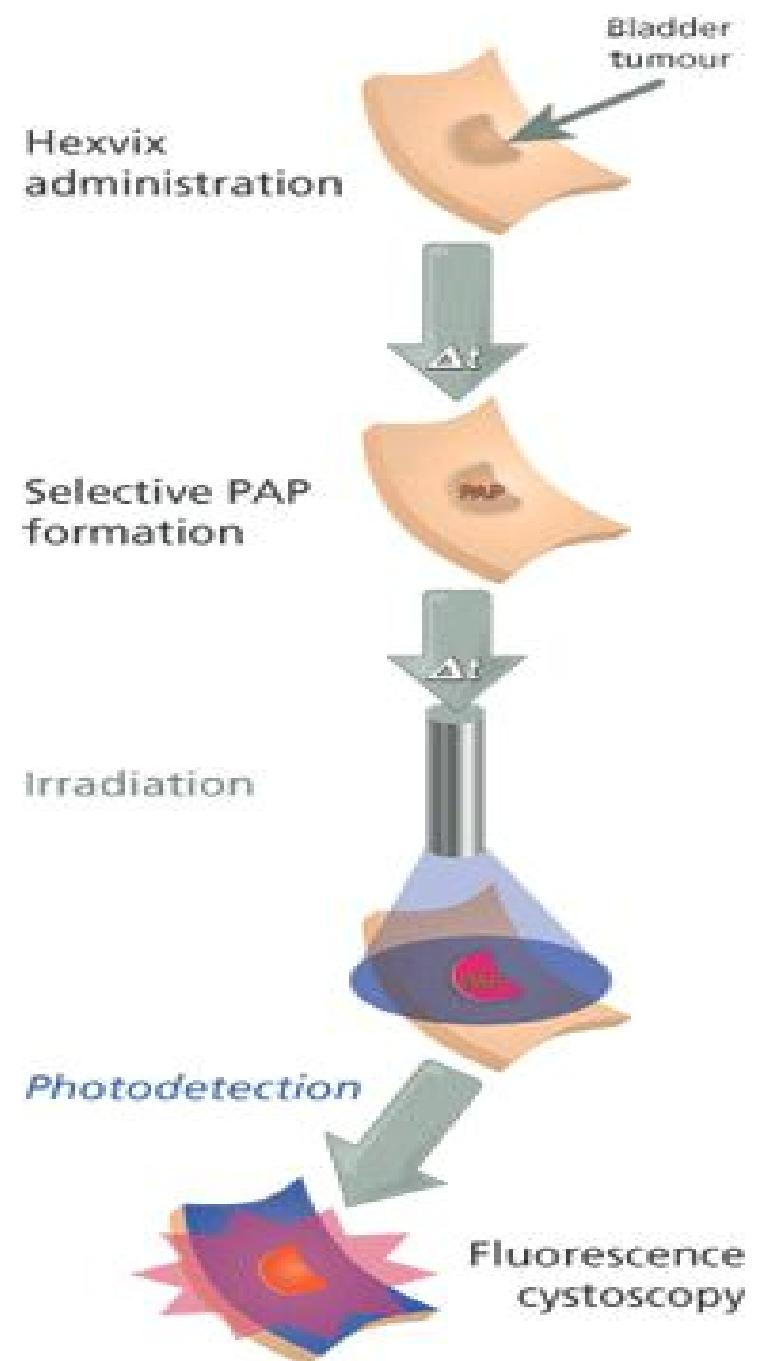
# PDD: photodynamic diagnosis



In cancer cells the activity of Ferrochelatase is lower and Protoporphyrin IX, which is fluorescent, will accumulate

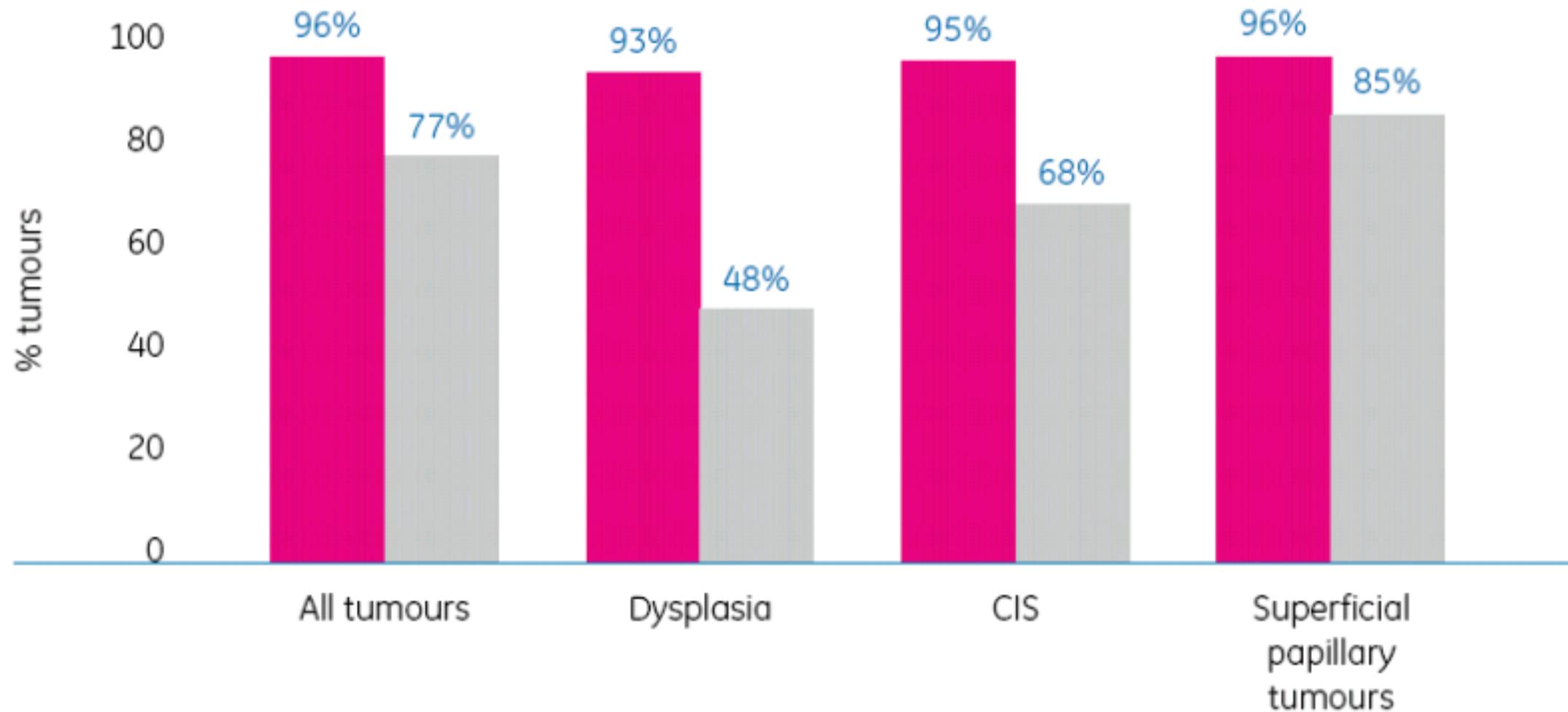
# PDD: technique

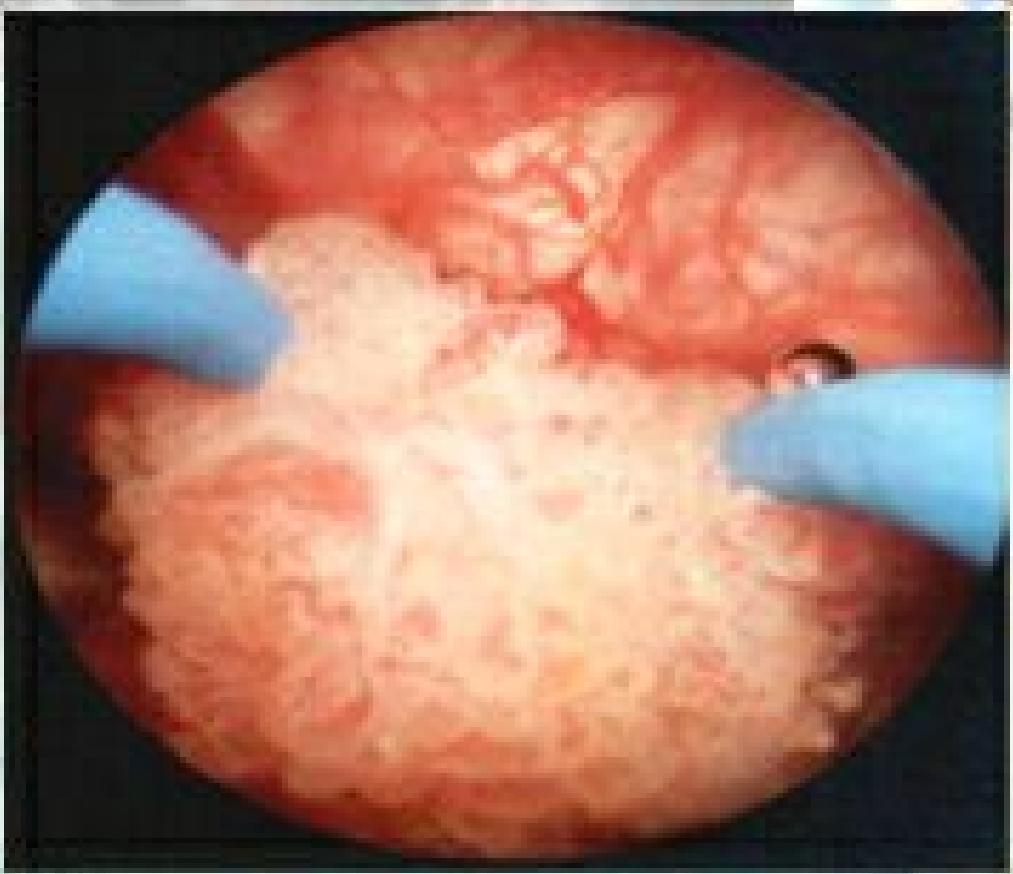
- ✓ Instillation of a photosensitizer into the bladder by means of a catheter.
- ✓ The chromophore will be absorbed selectively by cancer cells.
- ✓ After irradiation with a blue light, cancer cells will be detected because will produce a red fluorescence.



## IMPROVED DETECTION AND TREATMENT OF BLADDER CANCER USING HEXAMINOLEVULINATE IMAGING: A PROSPECTIVE, PHASE III MULTICENTER STUDY

DIETER JOCHAM,\* FRED WITJES, SIGRID WAGNER, BRAM ZEYLEMAKER,  
JEROEN VAN MOORSELAAR, MARC-OLIVER GRIMM, ROLF MUSCHTER, GRAFLF POPKEN,  
FRANK KÖNIG, RUTH KNÜCHEL AND KARL-HEINZ KURTH



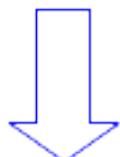


# Work out terapeutico

**Diagnosi di neoformazione uroteliale**



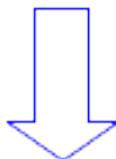
**T.U.R.**



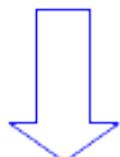
Nessun trattamento

Terapia endovescicale

- MMC
- Epirubicin
- BOG



Cistectomia radicale e  
completamento dello  
staging



# Fattori Predittivi

Recidiva e  
progressione

Sopravvivenza

3 Stage

3 Stage

3 Grade

3 Tumor size

3 N° of lesions at diagnosis

3 Early recurrence at follow-up

3 as

# The EORTC tables

Factor	Score	
	Recurrence	Progression
<i>Number of tumors</i>		
Single	0	0
2–7	3	3
≥8	6	3
<i>Tumor size</i>		
<3 cm	0	0
≥3 cm	3	3
<i>Prior recurrence rate</i>		
Primary	0	0
≤1 per year	2	2
>1 per year	4	2
<i>T classification</i>		
Ta	0	0
T1	1	4
<i>Carcinoma in situ</i>		
No	0	0
Yes	1	6
<i>Grade</i>		
G1	0	0
G2	1	0
G3	2	5
Total score	0–17	0–23

# Recurrence and Progression Risk

Total EORTC score	Probabilities (95% CI)	
	At 1 year (%)	At 5 years (%)
<b>Recurrence</b>		
0	15 (10–19)	31 (24–37)
1–4	24 (21–26)	46 (42–49)
5–9	38 (35–41)	62 (58–65)
10–17	61 (55–67)	78 (73–84)
<b>Progression</b>		
0	0.2 (0–0.7)	0.8 (0–1.7)
2–6	1.0 (0.4–1.6)	6 (5–8)
7–13	5 (4–7)	17 (14–20)
14–23	17 (10–24)	45 (35–55)

\*According to total EORTC bladder cancer risk score. Reprinted from Sylvester, R. J. et al. Predicting recurrence and progression in individual patients with stage Ta T1 bladder cancer using EORTC risk tables: a combined analysis of 2596 patients from seven EORTC trials. *Eur. Urol.* 49, 466–477 (2006), with permission from Elsevier. Abbreviation: EORTC, European Organization for Research and Treatment of Cancer.

# Follow-up

## Basso Rischio

- Cystoscopy at 3 months,
- If negative the next at 9 months
- If negative once a year for the next 5 years

## Rischio Intermedio

- Cystoscopy every 3 months for 2 years, every 6 months the third year, yearly thereafter.
- Contrast enhanced imaging within the first year after TUR

## Alto Rischio

- Cystoscopy every 3 months for 2 years, every 4 months the third year, every 6 months the fourth and fifth years and yearly thereafter.
- Cytology at every cystoscopic check
- Contrast enhanced imaging once a year.

Della totalità dei pazienti con malattia muscolo invasiva, il 67-92 % avranno stadio  $\geq T2$  già al momento della presentazione

*Kay and Lange, 1982,*

*Hopkins et al, 1983,*

*Vaidya et al, 2001,*

*Messing, 2001*

# **Astectomy Radicale**

# Indicazioni

Bladder cancer:

- High risk non muscle invasive disease characterized by:
  - Carcinoma in situ
  - Early recurrence
  - No response to intravesical treatment
- Muscle invasive disease (T2)

Other indication (simple cystectomy)

- Neurogenic bladder
- Interstitial cystitis

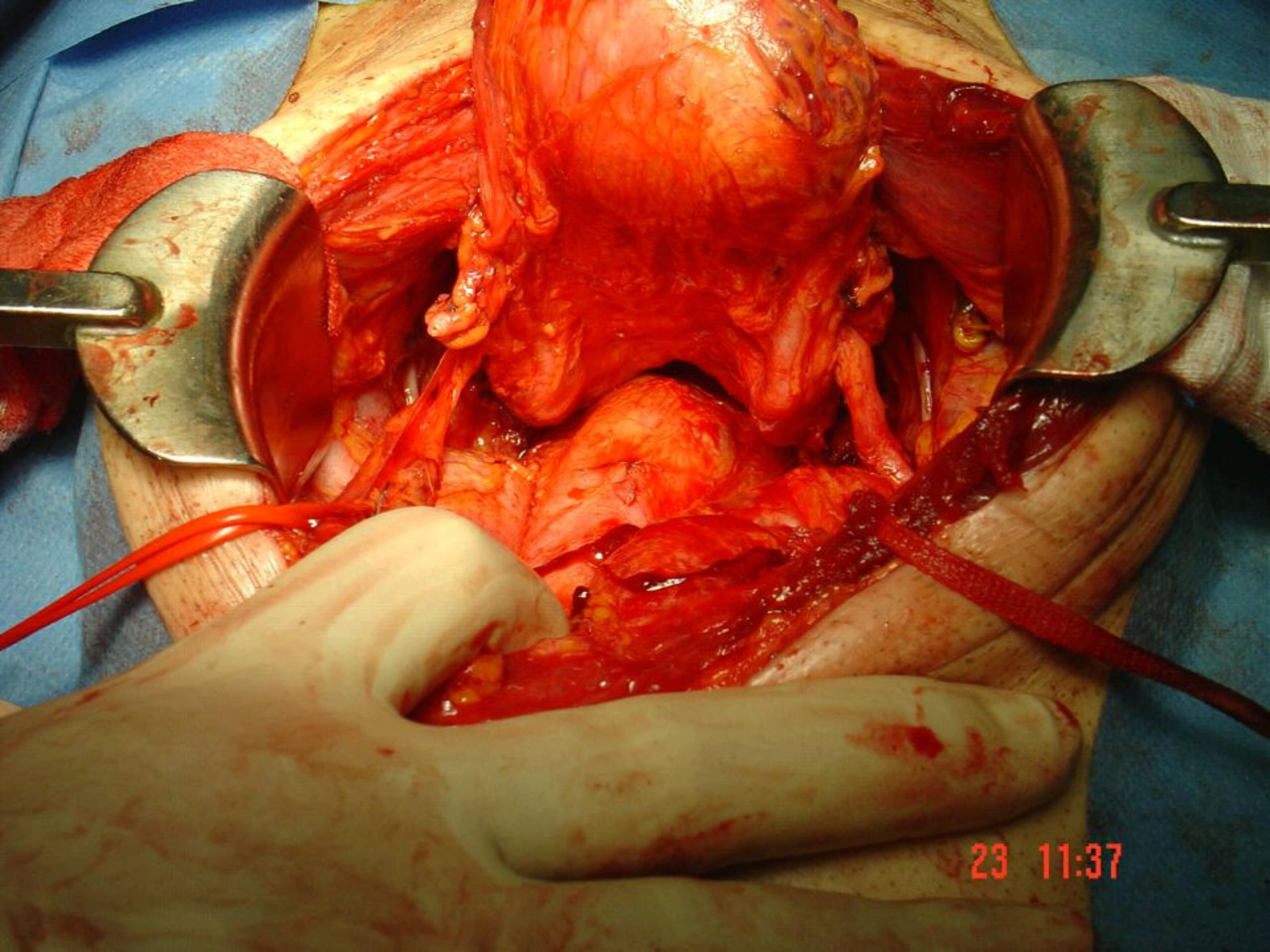
# Steps chirurgici

## Bladder removal

- Male: removal of bladder, prostate with seminal vesicles, extended pelvic lymph node dissection
- Female: anterior exenteratio and extended pelvic lymph node dissection

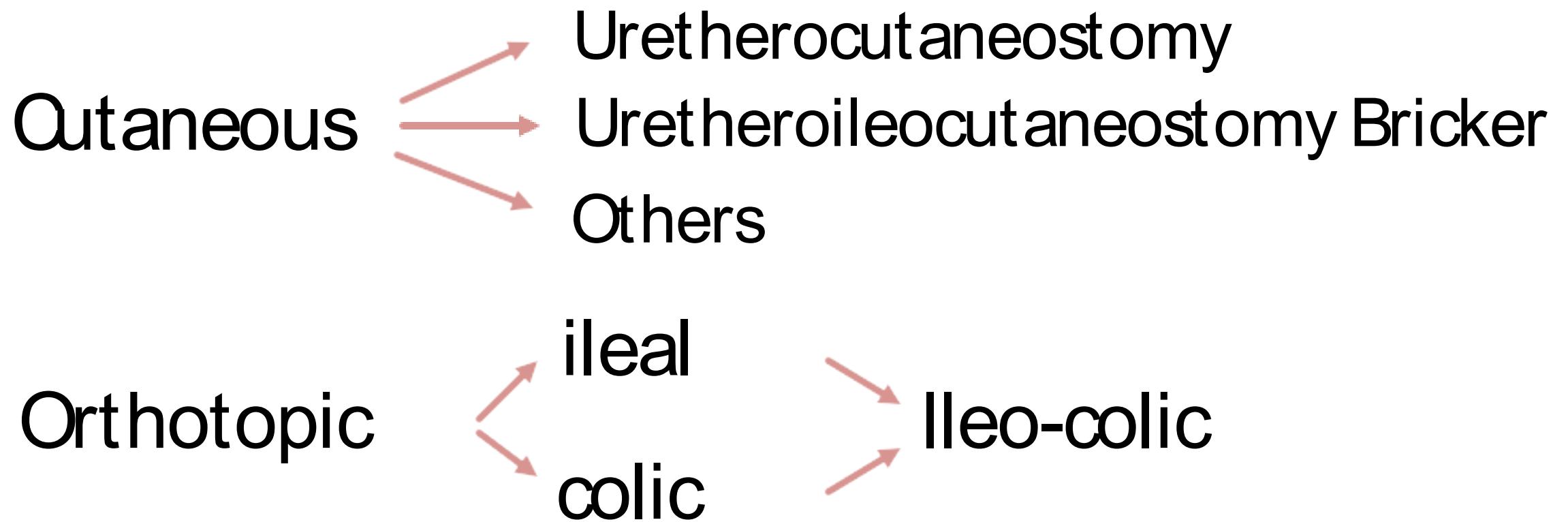
## Reconstructive phase

- Urinary diversion



23 11:37

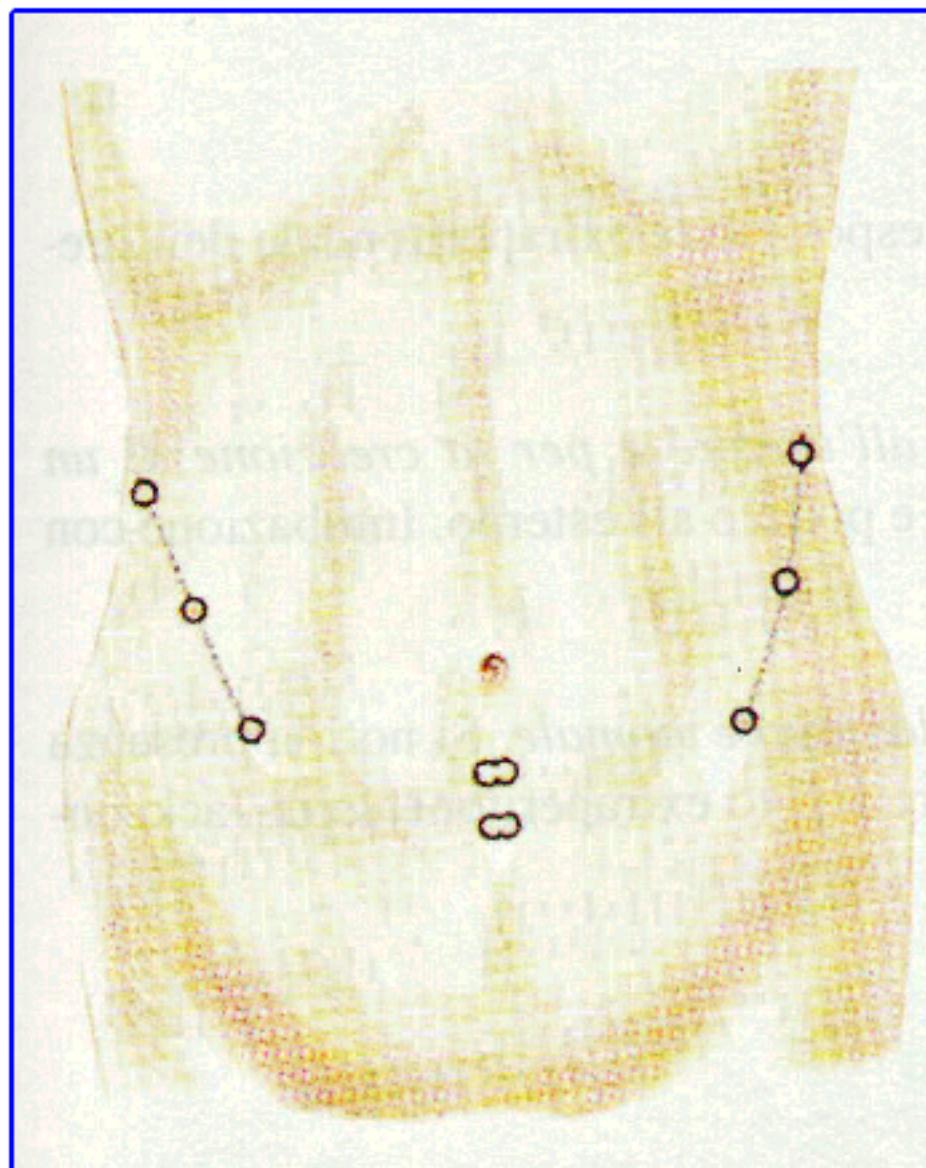
# Tipi di derivazioni urinarie



# Ureterocutaneostomia



# Ureterocutaneostomia

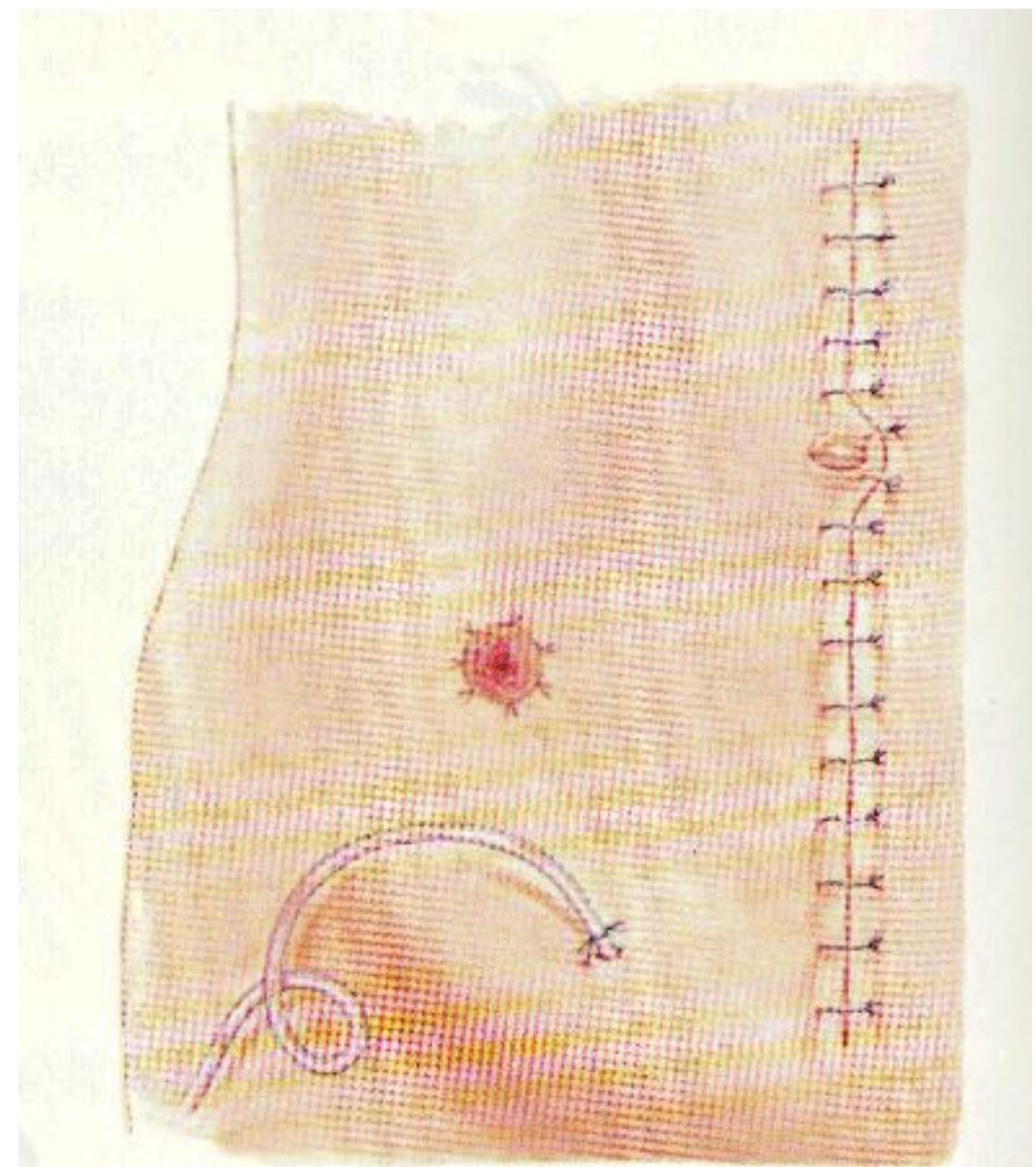
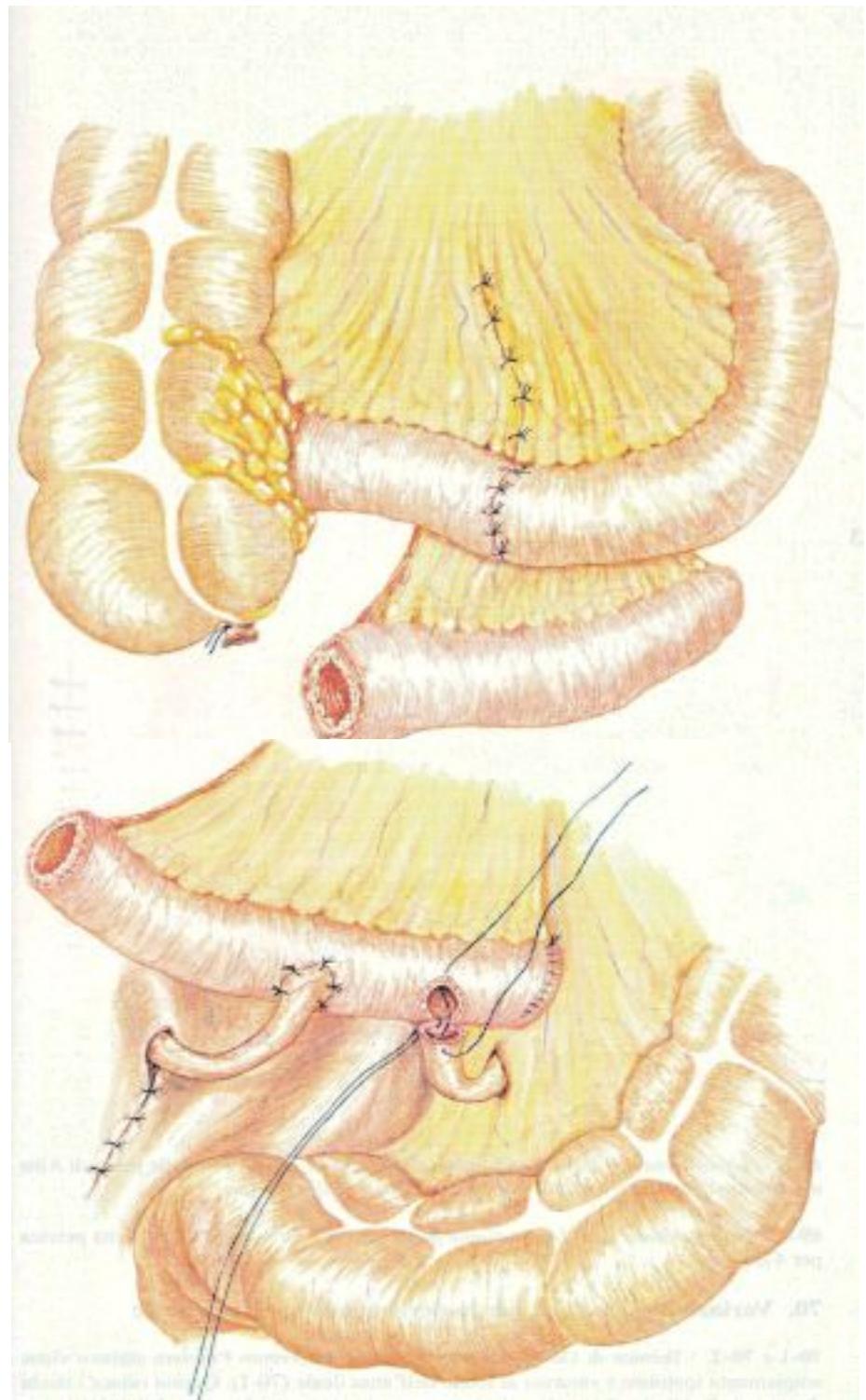


# Ureterocutaneostomia

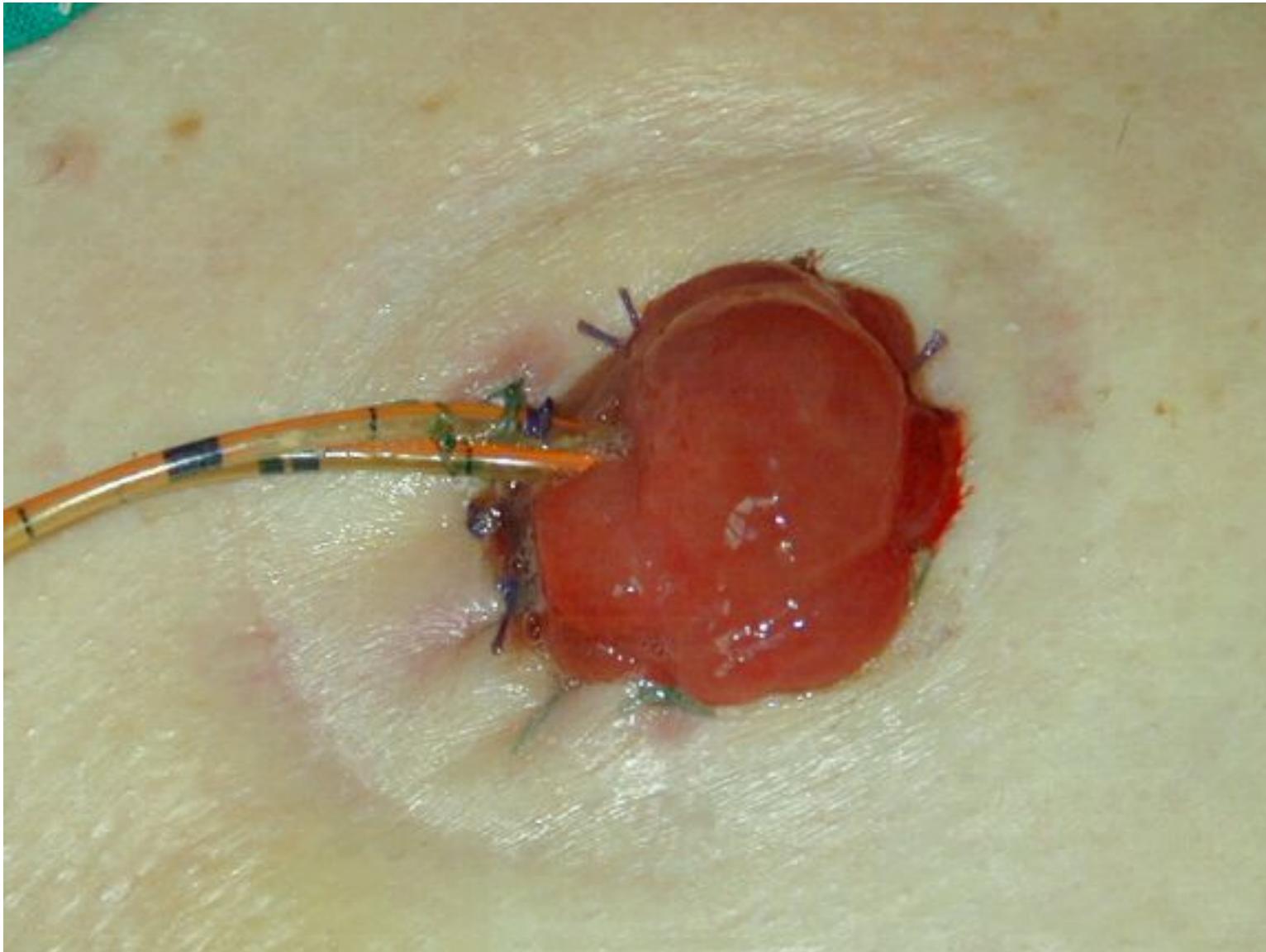
- ALTERAZIONE DELLO SCHEMA CORPOREO
- PROGRESSIVA DEGENERAZIONE DELLA FUNZIONALITA' RENALE
- IRRITAZIONE CUTANEA PERISTOMALE
- ERNIA PERISTOMALE

PZ CON ELEVATO RISCHIO PERIOPERATORIO  
BASSA ASPETTATIVA DI VITA

# Uretero-ileo-cutaneostomia



# Uretero-ileo-cutaneostomia



# Uretero-ileo-cutaneostomia

- Rischio di degenerazione della funzionalita' renale
- Alterazione dello schema corporeo
- Ernia peristomale

PZ CON ELEVATO RISCHIO PERIOPERATORIO  
BASSA ASPETTATIVA DI VITA  
COUNSELLING

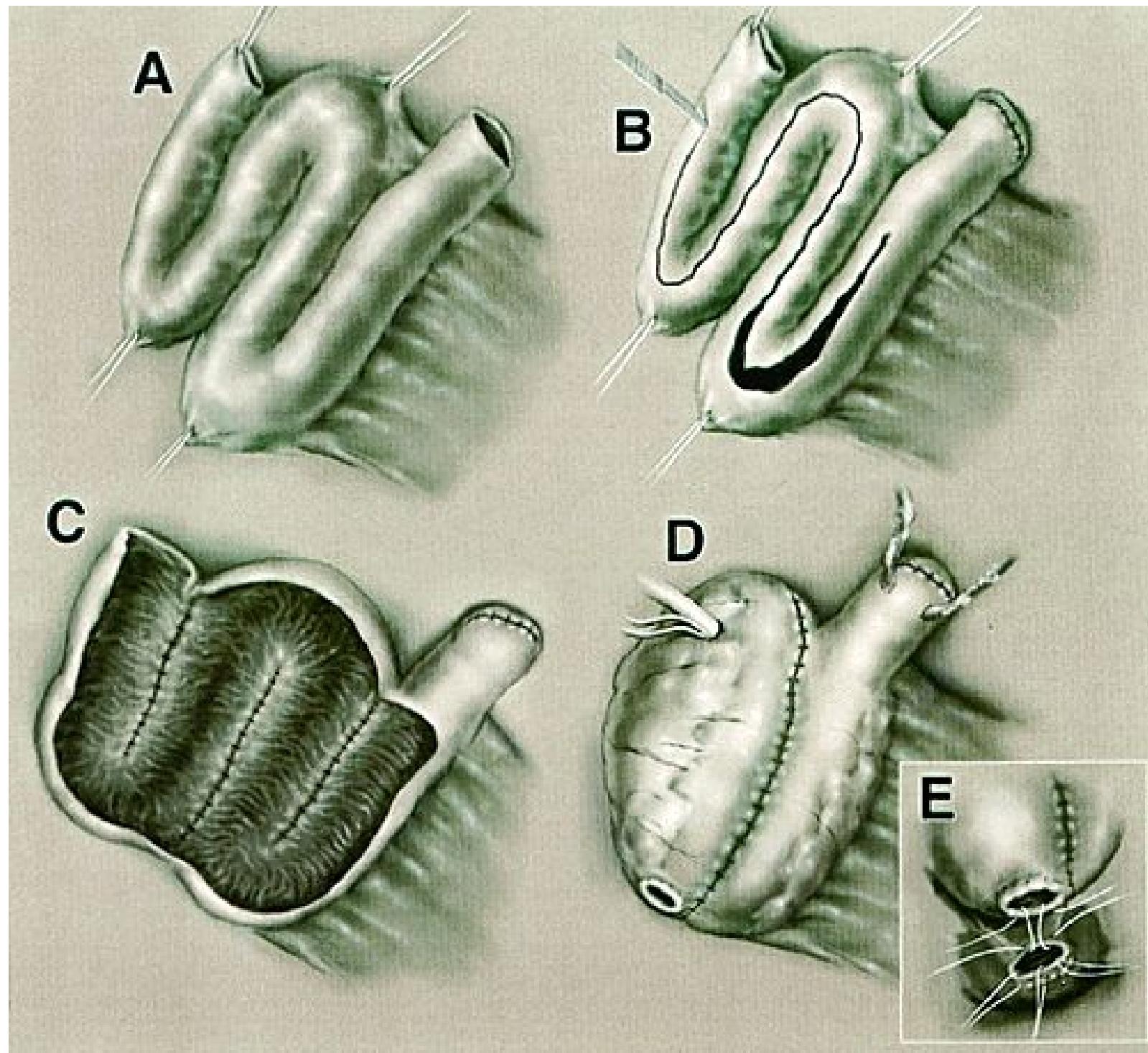
# Neo vescica

Accettata socialmente

Identificare i pz in cui la neovescica non è la soluzione ideale

61% dei pz da noi operati riceve una neovescica

# Neo vescica





# Neo vescica

## PROS

MINZIONE PER URETRAM  
CONTINENZA URINARIA  
PROTEZIONE DELLE ALTE VIE URINARIE

## CONS

TUMORE URETRALE  
IBD/ NEOPLASIE INTESTINALI  
IR (CREATININEMIA > 2 mg/ dl)

# Complicanze

Legate alla  
sostituzione ileale di  
vescica  
(nel caso di derivazione ileale)

Non legate alla  
sostituzione ileale di  
vescica

Precoci o tardive

# Complicanze precoci legate alla sostituzione ileale di vescica

- Ostruzione completa di vescica a causa di muchi
- Stenosi delle anastomosi uretero-ileali
- Pielonefrite acuta
- Sanguinamento prolungato nella sostituzione ileale di vescica
- Fistole urinarie:
  - Dalla anastomosi ileo-uretrale
  - Dalla anastomosi ileo-ureterale

# Complicanze tardive non legate alla sostituzione ileale di vescica

- **Disfunzione erettile**
- Ascesso tardivo
- Laparocele
- Aderenze intestinali
- Volvolo intestinale
- Uropionefrosi

# Complicanze tardive legate alla sostituzione ileale di vescica

- Incontinenza (7-43%)
- Stenosi uretero-ileale
- Reflusso vescico-ureterale
- Stenosi uretro-ileale
- Litiasi vescicale, litiasi renale secondaria
- Fistola neovescica-ileale
- Fistola urinaria cutanea
- Ritenzione, residuo post-minzionale
- Plicatura della parete della neovescica, sinechie endoluminali
- Acidosi metabolica importante
- Pielonefrite acuta
- Insufficienza renale cronica

# Sopravvivenza a 5 anni

- ❖ 83-92% pT0-T1
- ❖ 75-85% pT2
- ❖ 62% pT3
- ❖ 45-50% pT4
- ❖ 25-35% N+

Stein et al, J Clin Oncol 2001

# Chemioterapia adjuvante - indicazioni

pT3/ pT4 o N+

- progression rate del 27% in pz trattati vs 82% dei pz non trattati
- sopravvivenza a 5 aa del 59% in pz trattati vs 13% dei pz non trattati

Herr et al, Jurol 2001  
Sternberg, 2007

# Chemioterapia adjuvante - indicazioni

Malattia metastatica (M+)

sopravvivenza media a 5 aa del 17 %